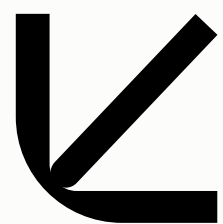


# Aleena Che Ramli

Inspirational Speaker | Accredited Trainer |  
Certified Coach | Resilience & Agility Specialist  
“Defying Limits. Inspiring Possibilities. Transforming People.”

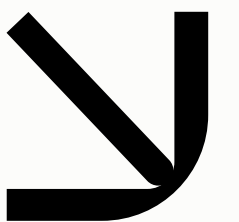


# Meet Aleena Che Ramli

Aleena Che Ramli is a visually impaired speaker whose life exemplifies the strength of the human spirit. Losing her sight at age 28 did not stop her it shaped her into a courageous voice of resilience, adaptability, emotional wellness, and purposeful leadership.

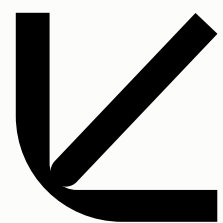
From navigating outdoor adventures without sight to empowering global audiences with her perspective hitting keynotes and workshops, Aleena's message is clear:

**"You can rise. You can adapt.  
You can excel beyond expectations."**



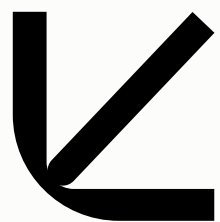
# Professional Credentials

- Certified Inspirational & Motivational Speaker
- Accredited HRDC Trainer
- Certified Professional Coach (TCI & IAC Master Practitioner)
- Certified Disability Equality Trainer (DET)
- Member, Malaysian Association of Professional Speakers (MAPS)
- Member, International Association of Coaching (IAC)



## THE 3 PILLARS OF HUMAN PERFORMANCE

- **RESILIENCE** – Build emotional and psychological strength to rise through challenges with clarity and confidence.
- **AGILITY MINDSET** – Adapt quickly, think forward, and respond to change with flexibility and effectiveness.
- **HAPPINESS & EMOTIONAL WELLNESS** – Cultivate internal balance, positivity, and emotional intelligence that fuels performance and teamwork.



**PETROS • ACCENTURE • MATRADE • QUARTERS GLOBAL • GOVERNMENT AGENCIES • CORPORATE LEADERS**

### **Why Organisations Book Aleena?**

“Her sessions help organisations strengthen resilience, enhance emotional agility, improve team morale, amplify problem solving, increase innovation, and build future-ready leaders.”

#### **TESTIMONIAL HIGHLIGHTS**

**“Aleena’s session was an awakening. It reignited my inner compass and reminded me to stay true to my vision.”**

– Raoul Yusof Sibert, KKM

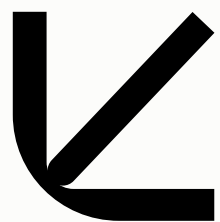
**“She doesn’t just speak about the masteries she lives them. I left with clarity and direction.”** – Logan, Habib Group

**“Empowering, uplifting, and deeply moving. Her story shifted my entire perspective.”** – Basma, Accenture

**“Life-changing. Aleena is authentic and inspiring. A session that stays with you.”**

– Dr. Shan Moorthi, Teamcoach International

**“Her message was heartfelt, real, and transformative.”** – Abu Bakar Yusof, Deputy CEO, MATRADE



## **SIGNATURE KEYNOTES**

### **1. THE FULFILMENT FORMULA: UNLOCK PURPOSE, POSITIVITY & POWER IN LIFE AND WORK**

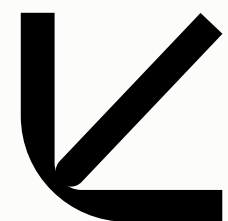
DURATION : 60 – 90 MINS

Category: Happiness & Emotional Wellness

For: Professionals, Leaders, Educators, Personal Development Groups

Key Outcomes:

- Overcome emotional blocks & cultivate inner happiness
- Clarify purpose & align it to work/life goals
- Strengthen mindfulness, awareness, and resilience





## **SIGNATURE KEYNOTES**

### **2. RESILIENCE & AGILITY IN ACTION: STRENGTH AND CLARITY IN UNCERTAIN TIMES**

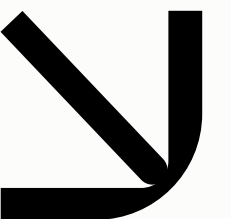
DURATION : 60 - 90 MINS

Category: Resilience & Agility Mindset

For: Leaders, Managers, Hybrid Teams, Project Teams

Key Outcomes:

- Build mental toughness in unpredictable environments
- Develop flexible thinking under pressure
- Strengthen confidence, recovery speed & composure



## **SIGNATURE KEYNOTES**

### **3. DRIFT OR DRIVE: THE SELF-LEADERSHIP SHIFT THAT CHANGES EVERYTHING**

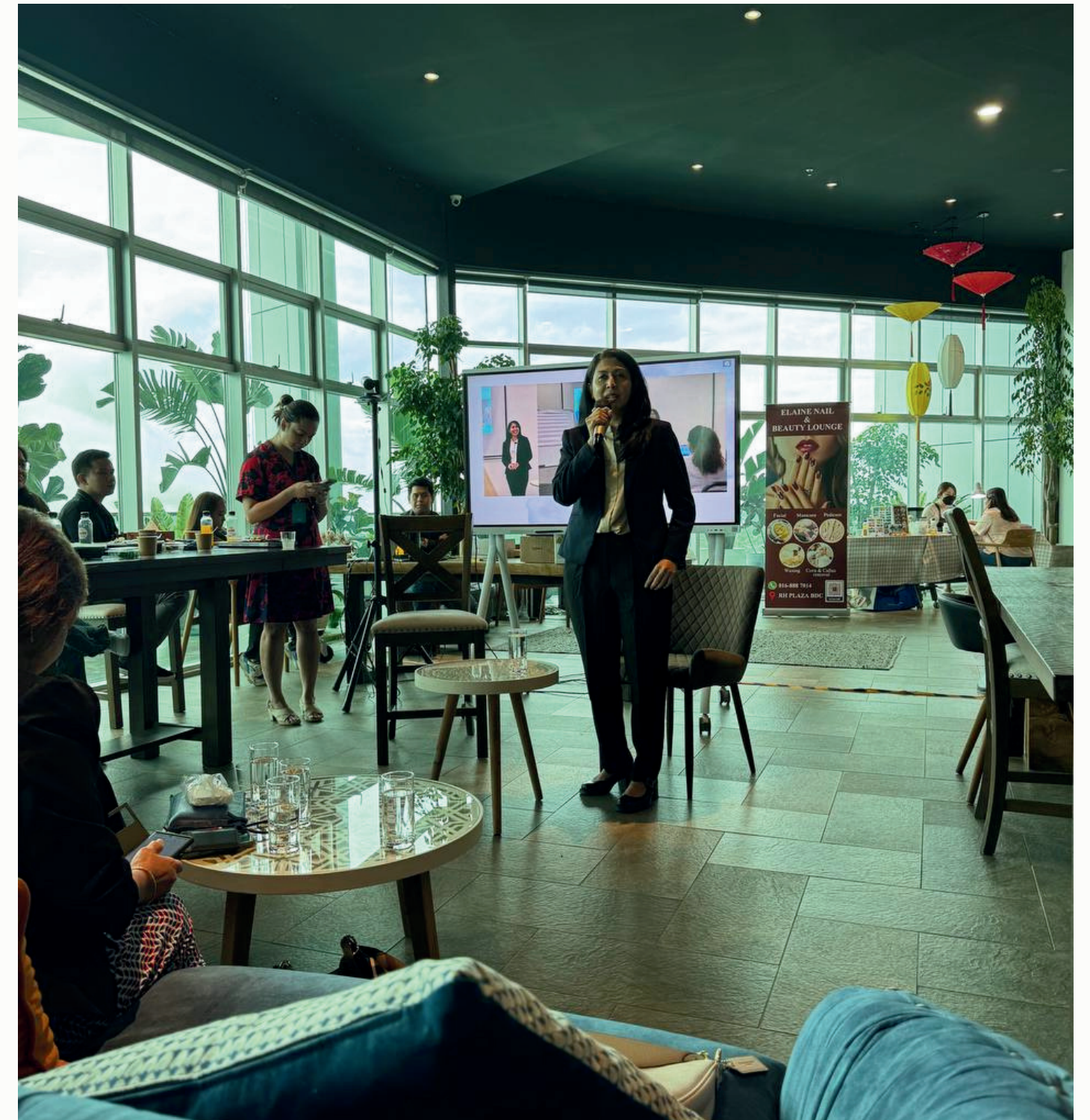
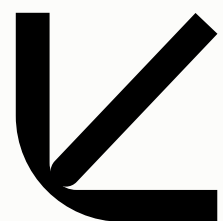
DURATION : 60 – 90 MINS

Category: Leadership, Accountability, Resilience

For: High-Potential Talents, Team Leads, Entrepreneurs

Key Outcomes:

- Take ownership and lead from within
- Stop drifting and start directing life with clarity
- Develop a resilient identity powered by courage & intention





## SIGNATURE WORKSHOPS

### 1. RESILIENCE & AGILITY MASTERY: TRAIN YOUR BRAIN TO THRIVE THROUGH CHANGE

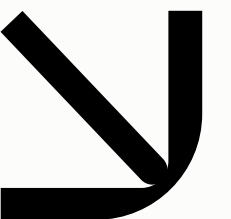
DURATION : 2 DAY

Category: Resilience & Agility Mindset

For: Corporate Teams, Education, Innovation-Driven Organisations

Key Outcomes:

- Tools to adapt fast & stay grounded
- Habits that build mental flexibility (neuroplasticity-based)
- Stronger teamwork, trust, and resilient culture



## SIGNATURE WORKSHOPS

### 2. MASTER YOUR MIND: LEAD YOUR THOUGHTS, EMOTIONS & LIFE

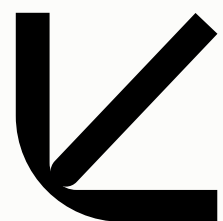
DURATION : 2 DAY

Category: Emotional Intelligence & Self-Mastery

For: Leadership Development, Well-Being Advocates

Key Outcomes:

- Emotional clarity & confidence under pressure
- Daily practices to regulate emotions
- Better decisions, mindset, and relationships





## SIGNATURE WORKSHOPS

### 3. AGILE THINKING LAB: REWIRE FOR INNOVATION, CALM & COURAGE UNDER FIRE

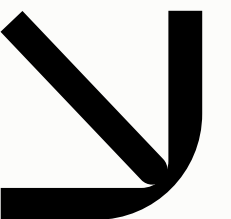
DURATION : 2 DAY

Category: Innovation, Agility, Problem-Solving

For: Startups, Product Teams, Operations, Future-Focused Organisations

Key Outcomes:

- Turn roadblocks into breakthroughs
- Think calmly under high pressure
- Adaptive problem-solving & emotional regulation



## **SIGNATURE WORKSHOPS**

### **4. THE HAPPINESS CODE: BUILD A LIFE OF MEANING, JOY & HIGH PERFORMANCE**

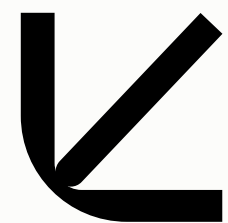
DURATION : 2 DAY

Category: Fulfilment, Purpose, Emotional Wellness

For: Personal Growth Groups, Educators, Wellness Drivers

Key Outcomes:

- Get clarity on values, vision & purposeful living
- Identify emotional saboteurs
- Build habits that sustain positivity & fulfilment



# Contact Aleena Che Ramli

**Email:** [letsinspire@aleenacheramli.com](mailto:letsinspire@aleenacheramli.com)

**Contact:** +6011 - 5432 8240

**Website:** [www.aleenacheramli.com](http://www.aleenacheramli.com)

**Linkedin:** [Aleena Che Ramli](#)

**Instagram:** [Aleena Che Ramli](#)

**Facebook:** [Aleena Che Ramli – Speaker & Coach](#)



**“I may have lost my sight, but I never lost my vision.” – Aleena Che Ramli**